Pennsylvania Highlands Community College & West Virginia University



Associate of Arts in Psychology A.A. leading to Bachelor of Science in Coaching and Performance Science B.S.
Strength & Conditioning
Suggested Plan of Study



Pennsylvania Highlands Community College	Hours	WVU Equivalents	Hours		
Year One, 1st Semester					
ACP 100	1	WVU 191	1		
ENG 110	3	ENGL 101			
CIT 100	3	CS 1TC	3		
MAT 145	3	MATH 126	3		
PSY 100	3	PSYC 101	3		
TOTAL	13		13		
Year One, 2 nd Semester					
ENG 200	3	ENGL 1C2	3		
Elective (Humanities)	3	General Elective	3		
PSY 130	3	PSYC 241 (Sub for PET 175)	3		
PHI 200	3	PHIL 120	3		
PSY 200	3	PSYC 281	3		
TOTAL	15		15		
Year Two, 1st Semester					
PSY 299	4	STAT 211 + STAT 2TC	4		
PSY 220	3	COUN 201			
PSY 202	3	PSYC 2TC	3		
SOC 100	3	SOC 101	3		
BIO 104 & BIO 114	4	BIOL 115 & BIOL 115L	4		
TOTAL	17		17		
Year Two, 2 nd Semester					
BIO 106 & BIO 116	4	BIOL 1TC	4		
SOC 200	3	SOC 207	3		
COM 101	3	COMM 270 & COMM 270S 3			
PSY 210	3	PSYC 345	3		
Elective (Social Science)	3	General Elective 3			
TOTAL	16		16		

Coaching and Performance Science B.S. – Strength & Conditioning

West Virginia University					
Year Three, 1st Semester		Year Three, 2 nd Semester			
ACE 149	3	CAHS 300 3			
ACE 256	3	ACE 257 (AoE) 3			
PET 215 (Fall Only)	3	ACE 307 3			
PET 244	2	ACE 310 3			
HN&F 171 (Pre-Rec for HN&F 200)	3	SEP 272 3			
General Elective	1				
TOTAL	15	TOTAL	15		
Year Four, 1st Semester		Year Four, 2 nd Semester			
ACE 327	3	ACE 410 3			
ACE 371 (AoE)	3	ACE 387 (AoE)			
ACE 430	3	PET 477 (Spring Only)			
HN&F 200 (AoE)	3	General Elective 3			
ACE 369 (Fall Only)	3				
TOTAL	15	TOTAL	12		
Year Four, Summer					
ACE 475 (Internship/AoE)			3		

^{*}For this agreement, the following substitutions will be granted:

• PSY 130 = PSYC 241. Will be substituted for PET 175.

Students must maintain a 2.0 GPA to graduate.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and Pennsylvania Highlands Community College, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda	Valerie Wayda	Sep 16, 2025
Print Name	Signature	Date
Valerie Wayda - Ed.D. Associate I	Dean for Student Success for WVU's Co	llege of Applied Human Sciences