



# Garrett College & West Virginia University

Associate in Arts – Arts & Sciences: Psychology concentration leading to  
Bachelor of Science in Sport and Exercise Psychology B.S.  
Suggested Plan of Study



Garrett College	Hours	WVU Equivalents	Hours
Year One, 1 <sup>st</sup> Semester			
FYE 101 or FYE 103	1	WVUE 191	1
ENG 101	3	ENGL 101	3
MAT105 or MAT 210	3	MATH 124 or STAT 211	3
BIO 109 or BIO 101	4	BIOL 105 & BIOL 105L or BIOL 115 & BIOL 115L	4
PSY 101	3	PSYC 101 (Required)	3
CIS 105	3	CS 1TC	3
<b>TOTAL</b>	17		17
Year One, 2 <sup>nd</sup> Semester			
ENG 102	3	ENGL 102	3
SOC 101 (GER Soc & Beh Science)	3	SOC 101 (Required)	3
PSY 230 (PSY major elective)	3	PSYC 364	3
PSY 245	3	WGST 170	3
COM 101	3	COMM 270 & COMM 270S	3
<b>TOTAL</b>	15		15
Year Two, 1 <sup>st</sup> Semester			
GER Arts & Humanities Course	3	Humanities Course	3
PSY/PHL 234	3	PHIL 2TC	3
PSY 283	3	COUN 455	3
PSY 240	3	PSYC 281 (Required)	3
SOC 201 or SOC 211 (GER Soc & Beh Science)	3	SOC 221 or SOC 207	3
<b>TOTAL</b>	15		15
Year Two, 2 <sup>nd</sup> Semester			
GER Science Lab	4	GEF Science Lab	4
PSY 102	3	PSYC 241 (Required)	3
PSY 286 (PSY major elective)	3	PSYC 234	3
SPM 271 (elective)	3	SEP 371*	3
<b>TOTAL</b>	13		13

West Virginia University			
Year Three, 1 <sup>st</sup> Semester		Year Three, 2 <sup>nd</sup> Semester	
ACE 149	3	ACE 307	3
CAHS 300*	3	SEP 272*	3
SEP 283*	3	SEP 415*	3
PSYC 251	3	General Elective or Professional Minor Course <sup>(2)</sup>	3
General Elective or Professional Minor Course <sup>(1)</sup>	3	General Elective	3
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>15</b>
Year Four, 1 <sup>st</sup> Semester		Year Four, 2 <sup>nd</sup> Semester	
ACE 327	3	CAHS 489* (Capstone)	3
SEP 385*	3	SEP 425* or HWB 359*	3
SEP 420*	3	COUN 303	3
General Elective or Professional Minor Course <sup>(3)</sup>	3	General Elective or Professional Minor Course <sup>(5)</sup>	3
General Elective or Professional Minor Course <sup>(4)</sup>	3	General Elective	3
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>15</b>

Students transferring from another institution must be in academic good standing (2.0 GPA).

Students must maintain a 2.0 GPA to graduate.

A C- or higher is required for all denoted (\*) courses.

Students pursuing a degree in Sport and Exercise Psychology are encouraged to work with their advisors to integrate completion of an academic minor or minors into their programs of study, to the degree allowed within elective hours. WVU offers over 100 minors that complement major fields of study, build on students' unique interests, expand perspectives, and broaden skills. See <http://catalog.wvu.edu/undergraduate/minors/#minorsofferedtext> for a list of available minors. Students may begin completion of their minors by utilizing elective hours at Garrett College to take equivalent minor requirements.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and Garrett College, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda

*Valerie Wayda*

Aug 14, 2025

Print Name

Signature

Date

Valerie Wayda - Ed.D. Associate Dean for Student Success for WVU's College of Applied Human Sciences