

# College of Southern Maryland and West Virginia University



Associate of Arts – Arts and Sciences: Exercise and Sports Science leading to

Bachelor of Science in Coaching and Performance Science

– Strength &amp; Conditioning BS

Suggested Plan of Study



College of Southern Maryland	Hours	WVU Equivalents	Hours
<b>Year One, 1<sup>st</sup> Semester</b>			
BIO 1060 & 1060L	4	BIOL 115 & BIOL 115L	4
ENG 1010	3	ENGL 101	3
WFS 1401	3	HN&F 171	3
WFS 1701	3	CHPR 170	3
<b>TOTAL</b>	13		13
<b>Year One, 2<sup>nd</sup> Semester</b>			
BIO 2170	4	BIOL 230	4
PSY 1010	3	PSYC 101	3
WFS 1760	3	SEP 272	3
WFS 1790	3	PUBH 353	3
COM 1650	3	MDS 270	3
<b>TOTAL</b>	16		16
<b>Year Two, 1<sup>st</sup> Semester</b>			
BIO 2180	4	BIOL 231	4
MTH 1120	3	MATH 126	3
PSY 2050	3	*PSYC 241	3
WFS 1770	3	SEP 271	3
ENG 1020	3	ENGL 102	3
<b>TOTAL</b>	16		16
<b>Year Two, 2<sup>nd</sup> Semester</b>			
PHY 1110	4	PHYS 101 & PHYS 101L	4
CHE 1200 & CHE 1200L	4	CHEM 115 & CHEM 115L	4
WFS 1775	3	SM 426	3
WFS 2000	3	PET 124 + PET 2TC	3
Elective	1	General Elective	1
<b>TOTAL</b>	15		15

Coaching and Performance Science – Strength & Conditioning BS

**West Virginia University**

Year Three, 1 <sup>st</sup> Semester		Year Three, 2 <sup>nd</sup> Semester	
PET 125	2	ACE 215 (SP Only)	3
PET 244	2	ACE 310**	3
ACE 256**	3	HN&F 200	3
ACE 265**	3	PASS 300	3
EXPH 365	3	EXPH 364 (or AoE)	3
Elective	3		
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>15</b>
Year Four, 1 <sup>st</sup> Semester		Year Four, 2 <sup>nd</sup> Semester	
ACE 468 (FA Only)	3	ACE 410	3
ACE 469	3	ACE 488	3
ACE 457 (AoE)	3	ACE 473 (or AoE)	3
COMM 306 or COMM 316	3	ACE 487 (or AOE)	3
Elective	3	Elective	3
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>15</b>
Year Four, Summer			
ACE 475 (Internship) (AoE)			3

\*For this agreement, the following will be accepted:

- PSY 2050 = PSYC 241 – will be substituted for PET 175

\*\*Courses must be completed with a B- or higher. Students must maintain a 2.0 GPA to graduate

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and College of Southern Maryland, is approved by the Dean, or the Dean’s designee, and effective the date of the signature.

Valerie Wayda  
Print Name

Valerie Wayda  
Signature

11/5/22  
Date

Valerie Wayda, Ed.D., Interim Associate Dean for Academic Affairs of Undergraduate Education – College of Applied Human Sciences

Laura Polk

Laura Polk  
Laura Polk (Nov 18, 2022 09:43 EST)

Dean, School of Science and Health

Nov 18, 2022