

College of Southern Maryland and West Virginia University

Associate of Science in Exercise and Sport Science A.S. leading to
Bachelor of Science in Sport, Exercise, and Performance Psychology B.S.
Suggested Plan of Study



College of Southern Maryland	Hours	WVU Equivalents	Hours
Year One, 1 st Semester			
ENG 1010	3	ENGL 101	3
WFS 1401	3	HN&F 171	3
WFS 1745	3	PASS 110	3
MTH 1120	3	MATH 126	3
COM 1010	3	COMM 270 & COMM 270S	3
TOTAL	15		15
Year One, 2 nd Semester			
BIO 1060 & BIO 1060L	4	BIOL 115 & BIOL 115L	4
PSY 1010	3	PSYC 101 (Required)	3
WFS 1775	3	SM 426	3
WFS 1670	3	HWB 472	3
BAD 1210	3	BUSA 320	3
TOTAL	16		16
Year Two, 1 st Semester			
WFS 2000	3	PET 124 + PET 2TC	3
WFS 2011	3	HWB 2TC	3
WFS 1760	3	SEP 272*	3
COM 1250	3	COMM 102	3
ENG 1020 (General Education Elective)	3	ENGL 102	3
TOTAL	15		15
Year Two, 2 nd Semester			
WFS 1790	3	PUBH 353	3
WFS 1701	3	CHPR 170	3
CHE 1200 & CHE 1200L	4	CHEM 115 & CHEM 115L	4
WFS 1770 (Elective)	3	SEP 371* (Required)	3
Elective	1	Elective	1
TOTAL	14		14

West Virginia University			
Year Three, 1 st Semester		Year Three, 2 nd Semester	
ACE 149	3	ACE 307	3
CAHS 300*	3	SEP 415*	3
SEP 283*	3	PSYC 241	3
PSYC 281	3	PSYC 251	3
Elective or Professional Minor Course ⁽¹⁾	3	Elective or Professional Minor Course ⁽²⁾	3
TOTAL	15	TOTAL	15
Year Four, 1 st Semester		Year Four, 2 nd Semester	
ACE 327	3	CAHS 489 ^(Capstone)	3
SEP 385*	3	SEP 425 or HWB 359*	3
SEP 420*	3	COUN 303	3
Elective or Professional Minor Course ⁽³⁾	3	Elective or Professional Minor Course ⁽⁵⁾	3
Elective or Professional Minor Course ⁽⁴⁾	3	General Elective	3
TOTAL	15	TOTAL	15

*A grade of C- or higher must be earned in all denoted courses.

Students must maintain a 2.0 GPA to graduate.

Students pursuing a degree in Sport, Exercise, and Performance Psychology B.S. are encouraged to work with their advisors to integrate completion of an academic minor or minors into their programs of study, to the degree allowed within elective hours. WVU offers over 100 minors that complement major fields of study, build on students’ unique interests, expand perspectives, and broaden skills.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and College of Southern Maryland, is approved by the Dean, or the Dean’s designee, and effective the date of the signature.

Valerie Wayda

Valerie Wayda

Mar 26, 2026

Print Name

Signature

Date

Valerie Wayda - Ed.D. Associate Dean for Student Success for WVU’s College of Applied Human Sciences

Bernice Brezina

Bernice Brezina

04/27/2026

Print Name

Signature

Date

Dr. Bernice Brezina, Interim Vice President, Division of Learning.