

# College of Southern Maryland and West Virginia University



Associate of Science in Exercise and Sport Science A.S. leading to  
Bachelor of Science in Health and Well-being B.S.  
Suggested Plan of Study



College of Southern Maryland	Hours	WVU Equivalents	Hours
Year One, 1 <sup>st</sup> Semester			
ENG 1010	3	ENGL 101	3
WFS 1401	3	HN&F 171 (Required)	3
WFS 1745	3	PASS 110	3
MTH 1120	3	MATH 126 (Sub for MATH 124)	3
COM 1010	3	COMM 270 & COMM 270S	3
<b>TOTAL</b>	15		15
Year One, 2 <sup>nd</sup> Semester			
BIO 1060 & BIOL 1060L (Biological/Physical Science)	4	BIOL 115 & BIOL 115L	4
PSY 1010	3	PSYC 101	3
WFS 1775	3	SM 426	3
WFS 1670	3	HWB 472	3
BAD 1210	3	BUSA 320	3
<b>TOTAL</b>	16		16
Year Two, 1 <sup>st</sup> Semester			
WFS 2000	3	PET 124 + PET 2TC	3
WFS 2011	3	HWB 2TC	3
WFS 1760	3	SEP 272	3
COM 1250	3	COMM 102	3
ENG 1020 (General Education)	3	ENGL 102	3
<b>TOTAL</b>	15		15
Year Two, 2 <sup>nd</sup> Semester			
*WFS 1790	3	PUBH 353 (Sub for SEP 415)	3
WFS 1701	3	CHPR 170	3
CHE 1200 & CHE 1200L	4	CHEM 115 & CHEM 115L (Required)	4
WFS 1770 (Elective)	3	SEP 371	3
Elective	1	Elective	1
<b>TOTAL</b>	14		14

