



Garrett College & West Virginia University
 Associate Of Science Degree in Health & Exercise Science A.S. leading to
 Bachelor of Science in Health and Well-being B.S.
 Suggested Plan of Study



Garrett College	Hours	WVU Equivalent	Hours
Year One, 1 st Semester			
FYE 101 or FYE 103	1	WVUE 191	1
BIO 101	4	BIOL 115 & BIOL 115L	4
ENG 101	3	ENGL 101	3
EXS 103 (Fall Only)	3	EXPH 1TC	3
EXS 175	1	PE 164	1
MAT 210	3	STAT 211	3
TOTAL	15		15
Year One, 2 nd Semester			
BIO 103	3	PALM 200 (Program Req)	3
BIO 200	4	BIOL 230 (Sub for PALM 205 & PALM 206)	4
EXS 115	3	HWB 470	3
ENG 102 (GER Literature Course)	3	ENGL 102 (Required)	3
MAT 105 (Elective)	3	MATH 124 (Required)	3
TOTAL	16		16
Year Two, 1 st Semester			
BIO 201	4	BIOL 231 (Sub for PSIO 241)	4
BUS 101 or SPM 272 (Fall Only)	3	BCOR 199 or SM 125	3
GER Arts & Humanities Course	3	Humanities Elective	3
GER Interdisciplinary/Emerging Issues	3	Elective	3
PSY 101 (GER Social & Behavioral Sciences)	3	PSYC 101 (Program Req)	3
TOTAL	16		16
Year Two, 2 nd Semester			
COM 101 or COM 105	3	COMM 270 & COMM 270S or MDIA 101	3
CHE 101 (GER Science Course)	4	CHEM 115 & CHEM 115L (Program Req)	4
PSY 102 (GER Social & Behavioral Sciences)	3	PSYC 241 (Program Req)	3
Elective	3	Elective	3
TOTAL	13		13

West Virginia University

Year Three, 1 st Semester		Year Three, 2 nd Semester	
HWB 224	3	ACE 307	3
SEP 283	3	HWB 339	3
CAHS 300	3	HWB 375	3
PET 401	3	PET 402	3
General Elective	3	General Elective	3
TOTAL	15	TOTAL	15
Year Four, 1 st Semester		Year Four, 2 nd Semester	
PALM 300	3	CAHS 489 (Capstone)	3
PET 403	3	HWB 404	3
ACE 327	3	HWB 359	3
COUN 303	3	SEP 415	3
General Elective	3	General Elective	3
TOTAL	15	TOTAL	15

For the agreement, the following will be substituted:

- BIO 201 equivalent to BIOL 231 to substitute for PSIO 241 requirements.
- BIO 200 equivalent to BIOL 230. It will fulfill PALM 205 & PALM 206 requirements.

Students must maintain a 2.0 GPA to graduate.

Students who have questions about admission into their intended program, GEF requirements, GEF Focus courses, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

Students transferring to West Virginia University with an Associate of Arts, Associate of Applied Science, or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

The above transfer articulation of credit between West Virginia University and Garrett College, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda

Valerie Wayda

Jul 28, 2025

Print Name

Signature

Date

Valerie Wayda - Ed.D. Associate Dean for Student Success for WVU's College of Applied Human Sciences