

# New River Community and Technical College & West Virginia University

Associate of Science in General Studies A.S. leading to

Bachelor of Science in Sport, Exercise, and Performance Psychology B.S.

Suggested Plan of Study



New River Community and Technical College	Hours	WVU Equivalents	Hours
Year One, 1 <sup>st</sup> Semester			
ENGL 101	3	ENGL 101	3
MATH 109	3	MATH 126	3
PSYC 103 (Social Science)	3	PSYC 101 (Required)	3
BIOL 101 & BIOL 103L	4	BIOL 115 & BIOL 115L	4
COSC 101 (or any COSC Course)	3	CS 1TC	3
<b>TOTAL</b>	16		16
Year One, 2 <sup>nd</sup> Semester			
ENGL 102	3	ENGL 102	3
HLTH 100	1	PE 229	1
SOCI 210 (SS Elective)	3	SOC 101 (Required)	3
Science and Laboratory Course	4	Science Course	4
General Elective	3	Elective	3
<b>TOTAL</b>	14		14
Year Two, 1 <sup>st</sup> Semester			
ENGL 201 or ENGL 205 or ENGL 250	3	ENGL 200 or ENGL 2TC or ENGL 2TC	3
PSYC 210 (SS Elective)	3	PSYC 241 (Required)	3
COMM 208	3	COMM 270 & COMM 270S	3
General Elective (200-Level+)	3	Elective	3
General Elective (200-Level+)	3	Elective	3
<b>TOTAL</b>	15		15
Year Two, 2 <sup>nd</sup> Semester			
Humanities/Fine Arts	3	Elective	3
SOCI 224 (SS Elective)	3	SOC 221 (200-Level SOC Elective)	3
General Elective (200-Level+)	3	Elective	3
General Elective (200-Level+)	3	Elective	3
General Elective (200-Level+)	3	Elective	3
<b>TOTAL</b>	15		15

West Virginia University			
Year Three, 1 <sup>st</sup> Semester		Year Three, 2 <sup>nd</sup> Semester	
ACE 149	3	ACE 307	3
SEP 272*	3	COUN 303	3
CAHS 300*	3	SEP 371*	3
SEP 283*	3	SEP 385*	3
PSYC 281	3	PSYC 251	3
<b>TOTAL</b>	15	<b>TOTAL</b>	15
Year Four, 1 <sup>st</sup> Semester		Year Four, 2 <sup>nd</sup> Semester	
ACE 327	3	CAHS 489*	3
SEP 415*	3	SEP 425* or HWB 359*	3
SEP 420*	3	General Elective or Professional Minor Course <sup>(3)</sup>	3
General Elective or Professional Minor Course <sup>(1)</sup>	3	General Elective or Professional Minor Course <sup>(4)</sup>	3
General Elective or Professional Minor Course <sup>(2)</sup>	3	General Elective or Professional Minor Course <sup>(5)</sup>	3
<b>TOTAL</b>	15	<b>TOTAL</b>	15

Students must maintain a 2.0 GPA to graduate.

\*A grade of C- or higher must be earned in all the noted courses.

Students pursuing a degree in Sport and Exercise Psychology are encouraged to work with their advisors to integrate completion of an academic minor or minors into their programs of study, to the degree allowed within elective hours. WVU offers over 100 minors that complement major fields of study, build on students' unique interests, expand perspectives, and broaden skills. See <http://catalog.wvu.edu/undergraduate/minors/#minorsofferedtext> for a list of available minors. Students may begin completion of their minors by utilizing elective hours at New River Community & Technical College to take equivalent minor requirements.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and New River Community & Technical College, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda

*Valerie Wayda*

Sep 26, 2025

Print Name

Signature

Date

Valerie Wayda, Ed.D., Associate Dean for Academic Affairs of Undergraduate Education – College of Applied Human Sciences