

# College of Southern Maryland and West Virginia University

Associate of Science in Exercise and Sport Science A.S. leading to

Bachelor of Science in Coaching and Performance Science B.S.

Strength &amp; Conditioning

Suggested Plan of Study



College of Southern Maryland	Hours	WVU Equivalents	Hours
<b>Year One, 1<sup>st</sup> Semester</b>			
ENG 1010	3	ENGL 101	3
WFS 1401	3	HN&F 171	3
WFS 1745	3	PASS 110	3
MTH 1120	3	MATH 126	3
COM 1010	3	COMM 270 & COMM 270S	3
<b>TOTAL</b>	15		15
<b>Year One, 2<sup>nd</sup> Semester</b>			
BIO 1060 & BIOL 1060L (Directed Behavioral/Physical Science)	4	BIOL 115 & BIOL 115L	4
PSY 1010	3	PSYC 101	3
WFS 1775	3	SM 426	3
WFS 1670	3	HWB 472	3
BAD 1210	3	BUSA 320	3
<b>TOTAL</b>	16		16
<b>Year Two, 1<sup>st</sup> Semester</b>			
WFS 2000	3	PET 124 + PET 2TC	3
WFS 2011	3	HWB 2TC	3
WFS 1760	3	SEP 272	3
COM 1250	3	COMM 102	3
ENG 1020 (Directed General Education Elective)	3	ENGL 102	3
<b>TOTAL</b>	15		15
<b>Year Two, 2<sup>nd</sup> Semester</b>			
WFS 1790	3	PUBH 353	3
WFS 1701	3	CHPR 170	3
CHE 1200 & CHEM 1200L	4	CHEM 115 & CHEM 115L	4
WFS 1770 (Directed Elective)	3	SEP 371	3
Elective	1	Elective	1
<b>TOTAL</b>	14		14

West Virginia University			
Year Three, 1 <sup>st</sup> Semester		Year Three, 2 <sup>nd</sup> Semester	
ACE 149	3	HN&F 200 (AoE)	3
ACE 256	3	ACE 257 (AoE)	3
PET 175	2	ACE 307	3
PET 215 (Fall only)	3	ACE 310	3
PET 244	2	ACE 387 (AoE)	3
CAHS 300	3		
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>15</b>
Year Four, 1 <sup>st</sup> Semester		Year Four, 2 <sup>nd</sup> Semester	
ACE 327	3	ACE 410	3
ACE 369	3	PET 477 (Spring only)	3
ACE 371 (AoE)	3	ACE 475 (Internship/ AoE)	3
ACE 430	3	General Elective	3
General Elective	3	General Elective	3
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>15</b>

Students must maintain a 2.0 GPA to graduate.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and College of Southern Maryland, is approved by the Dean, or the Dean’s designee, and effective the date of the signature.

**Valerie Wayda**

Print Name

Valerie Wayda - Ed.D. Associate Dean for Student Success for WVU’s College of Applied Human Sciences

*Valerie Wayda*

Valerie Wayda (Mar 26, 2026 16:22:29 EDT)

Signature

**Mar 26, 2026**

Date

Print Name

Dr. Bernice Brezina, Interim Vice President, Division of Learning.

Signature

Date