



**Garrett College & West Virginia University**  
 Associate Of Science Degree in Health & Exercise Science A.S. leading to  
 Bachelor of Arts in Health and Well-being B.A.  
 Suggested Plan of Study



Garrett College	Hours	WVU Equivalent	Hours
Year One, 1 <sup>st</sup> Semester			
FYE 101 or FYE 103	1	WVUE 191	1
BIO 101	4	BIOL 115 & BIOL 115L	4
ENG 101	3	ENGL 101	3
EXS 103 (Fall Only)	3	EXPH 1TC	3
EXS 175	1	PE 164	1
MAT 210	3	STAT 211	3
<b>TOTAL</b>	15		15
Year One, 2 <sup>nd</sup> Semester			
BIO 103	3	PALM 200	3
BIO 200	4	BIOL 230	4
EXS 115	3	HWB 470 (AoE Fitness Area)	3
ENG 102 (GER Literature Course)	3	ENGL 102 (Required)	3
Elective	3	Elective	3
<b>TOTAL</b>	16		16
Year Two, 1 <sup>st</sup> Semester			
BIO 201	4	BIOL 231	4
BUS 101 or SPM 272 (Fall Only)	3	BCOR 199 or SM 125	3
GER Arts & Humanities Course	3	Humanities Elective	3
GER Interdisciplinary/Emerging Issues	3	Elective	3
PSY 101 (GER Social & Behavioral Sciences)	3	PSYC 101 (Program Req)	3
<b>TOTAL</b>	16		16
Year Two, 2 <sup>nd</sup> Semester			
COM 101 or COM 105	3	COMM 270 & COMM 270S or MDIA 101	3
BIO 130 (GER Science Course)	3	HN&F 171 (Program Req)	3
GER Social & Behavioral Science Course	3	Social & Behavioral Science Elective	3
Elective	4	Elective	4
<b>TOTAL</b>	13		13

West Virginia University			
Year Three, 1 <sup>st</sup> Semester		Year Three, 2 <sup>nd</sup> Semester	
ACE 149	3	ACE 307	3
SEP 283	3	COUN 303	3
CAHS 300	3	HWB 375	3
HWB 224	3	SEP 415	3
PET 401	3	PET 402	3
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>15</b>
Year Four, 1 <sup>st</sup> Semester		Year Four, 2 <sup>nd</sup> Semester	
HWB 359	3	CAHS 489 (Capstone)	3
CDFS 417	3	COUN 400	3
PET 403	3	HWB 404	3
General Elective or AoE Course	3	General Elective or AoE Course	3
General Elective or AoE Course	3	General Elective or AoE Course	3
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>15</b>

Students can select between two Area of Emphasis (12-credit hours/4-courses):

- Fitness
- Recreational Sport

Students must maintain a 2.0 GPA to graduate.

Students who have questions about admission into their intended program, GEF requirements, GEF Focus courses, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

Students transferring to West Virginia University with an Associate of Arts, Associate of Applied Science, or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

The above transfer articulation of credit between West Virginia University and Garrett College, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda	<i>Valerie Wayda</i>	Jul 28, 2025
_____ Print Name	_____ Signature	_____ Date
Valerie Wayda - Ed.D. Associate Dean for Student Success for WVU's College of Applied Human Sciences		