

Westmoreland County Community College & West Virginia University

Associate of Arts in Liberal Arts A.A. leading to



Bachelor of Science in Physical Education and Kinesiology B.S.

Suggested Plan of Study



Westmoreland County Community College	Hours	WVU Equivalents	Hours
Year One, 1 st Semester			
PDV 101: First Year Seminar	1	WVUE 191: First Year Seminar	1
ENG 161: College Writing	3	ENGL 101: Composition and Rhetoric	3
Humanities Elective	3	General Elective	3
Tech Literacy Elective	3	General Elective	3
PSY 160: Introduction to Psychology	3	PSYC 101: Introduction to Psychology	3
TOTAL	13		13
Year One, 2 nd Semester			
ENG 164: Advanced Composition	3	ENGL 102: Composition and Rhetoric	3
SPC 155: Effective Speech	3	COMM 270 & COMM 270S: Effective Public Speaking and Studio	3
MTH 157: College Algebra	3	MATH 126: College Algebra	3
BIO 171: Human Anatomy and Physiology 1	4	BIOL 230: Human Anatomy and Physiology 1 (Required/Sub for ACE 149)	4
General Elective	3	General Elective	3
TOTAL	16		16
Year Two, 1 st Semester			
PSY 161: Human Growth Development	3	PSYC 241: Intro to Human Development (Required/Sub for PET 175)	3
Natural Science Elective	4	General Elective	4
Humanities Elective	3	General Elective	3
ECE 257: Introduction to Exceptional Development (General Elective)	3	SPED 404: Special Education in Contemporary Society	3
General Elective	3	General Elective	3
TOTAL	16		16
Year Two, 2 nd Semester			
Social Science Elective	3	General Elective	3
General Elective	3	General Elective	3
General Elective	3	General Elective	3
General Elective	3	General Elective	3
General Elective	3	General Elective	3
TOTAL	15	General Elective	15

West Virginia University			
Year Three, 1 st Semester		Year Three, 2 nd Semester	
PET 215: Adapted Sports and Physical Activity for All Learners	3	PET 347: Teaching of Net and Wall Games	3
PET 228: Instructional Models and Curriculum in Physical Education	3	PET 441: Technology in Physical Education & PET 441L: Pre-Residency Lab 2	4
PET 233: Pedagogy Theory and Application & PET 233L: Pre-Residency Laboratory 1	4	PET 477: Adapted Physical Education Practicum	3
PET 244: Motor Learning and Performance	2	PET 401: Foundations of Health Education	3
RDNG 422: Reading in the Content Areas	3	ACE 307: Applied Sport Physiology	3
PET 449: Teaching of Lifetime, Fitness, and Rhythmic Activities	3		
TOTAL	18	TOTAL	16
Year Four, 1 st Semester		Year Four, 2 nd Semester	
PET 369: Residency 1 Teaching Elementary Physical Education & PET 369L: Residency 1 Teaching Elementary Physical Education Laboratory	4	PET 101: Games in American Culture	3
PET 445: Standards-Based Assessment in Physical Education	3	PET 488: Residency 2 in Physical Education	10
PET 346: Teaching of Invasion Games	3	PET 489: Residency 2 Seminar	2
PET 402: Core Concepts in Health Education	3		
PET 403: Program Design, Implementation, Evaluation in Health Education	3		
TOTAL	16	TOTAL	15

For this agreement the following courses will be substituted:

- BIO 171 = ACE 149
- PSY 161 = PET 175

All students must earn a minimum grade of C- in all required PET courses and all students must maintain a minimum GPA of 2.5 or higher each semester.

Students can choose between two different Area of Emphasis once at WVU (12-credits):

- Physical Education Teaching License:
 - PET 488 (10 cr.) and PET 489 (2 cr.)
- Sport Pedagogy:
 - ACE 256 (3 cr.), ACE 310 (3 cr.), CAHS 300 (3 cr.) and CAHS 489 (3cr.)

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and Westmoreland County Community College, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda

Valerie Wayda

Sep 22, 2025

Print Name

Signature

Date

Valerie Wayda, Ed.D., Associate Dean for Student Success – College of Applied Human Sciences