

Lackawanna College and West Virginia University

Associate of Science in Human Services leading to

Bachelor of Science in Coaching & Performance Science B.S.– Strength & Conditioning

Suggested Plan of Study



Lackawanna College	Hours	WVU Equivalents	Hours
Year One, 1 st Semester			
HSV 125	3	COUN 303	3
PSY 105	3	PSYC 101	3
SSC 105	3	SOC 101	3
ENG 105	3	ENGL 101	3
MATH 120	3	MATH 126	3
COL 101	1	WVUE 191	1
TOTAL	16		16
Year One, 2 nd Semester			
PSY 250	3	PSYC 251	3
COM 125	3	COMM 270 & COMM 270S	3
PSY 210	3	PSYC 2TC	3
SSC 260	3	SOC 235	3
BIO 120 & BIO 121	4	BIOL 101 & BIOL 101L	4
TOTAL	16		16
Year Two, 1 st Semester			
SSC 110	3	SOC 221	3
PSY 245	3	PSYC 234	3
PSY 215	3	PSYC 2TC	3
PHL 105	3	PHIL 100	3
MAT 135	3	STAT 211	3
TOTAL	15		15
Year Two, 2 nd Semester			
ENG 110 or HUM. Elective	3	ENGL 131 or Elective	3
*PSY 205	3	PSYC 241 (Sub for PET 175)	3
PSY 212	3	PSYC 281	3
CHM 110	3	FIS 1TC	3
SSC 225 (Free Elective)	3	SEP 371	3
COL 201	1	WVUE 2TC	1
TOTAL	16		16

West Virginia University

Year Three, 1 st Semester		Year Three, 2 nd Semester	
ACE 149	3	CAHS 300	3
ACE 256	3	ACE 310	3
PET 244	2	ACE 369 (Spring Only)	3
PET 215 (Fall Only)	3	ACE 430	3
ACE 307	3	H&NF 200 (AoE)	3
HN&F 171 (Pre-Req for H&NF 200)	3		
TOTAL	17	TOTAL	15
Year Four, 1 st Semester		Year Four, 2 nd Semester	
ACE 327	3	ACE 410	3
ACE 257 (AoE)	3	PET 477 (Spring Only)	3
ACE 371 (AoE)	3	ACE 387 (AoE/Spring Only)	3
SEP 272	3	General Elective	3
General Elective	3		
TOTAL	15	TOTAL	12
Year Four, Summer			
ACE 475 (Internship/AoE)			3

*For this agreement, the following substitutions will be granted:

- PSY 205 = PSYC 241. Will be substituted for PET 175.

Students must maintain a 2.0 GPA to graduate.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and Lackawanna College, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda

Valerie Wayda

Sep 2, 2025

Print Name

Signature

Date

Valerie Wayda - Ed.D. Associate Dean for Student Success for WVU's College of Applied Human Sciences