

College of Southern Maryland and West Virginia University

Associate of Science in Exercise and Sport Science A.S. leading to

Bachelor of Science in Coaching and Performance Science B.S.

Strength & Conditioning

Suggested Plan of Study



College of Southern Maryland	Hours	WVU Equivalents	Hours
Year One, 1st Semester			
ENG 1010	3	ENGL 101	3
WFS 1401	3	HN&F 171	3
WFS 1745	3	PASS 110	3
MTH 1120	3	MATH 126	3
COM 1010	3	MDS 270	3
TOTAL	15		15
Year One, 2nd Semester			
BIO 1060 & BIOL 1060L	4	BIOL 115 & BIOL 115L	4
PSY 1010	3	PSYC 101	3
WFS 1775	3	SM 426	3
WFS 1670	3	HWB 472	3
BAD 1210	3	BUSA 320	3
TOTAL	16		16
Year Two, 1st Semester			
WFS 2000	3	PET 124 + PET 2TC	3
WFS 2011	3	HWB 2TC	3
WFS 1760	3	SEP 272	3
COM 1250	3	COMM 102	3
ENG 1020	3	ENGL 102	3
TOTAL	15		15
Year Two, 2nd Semester			
WFS 1790	3	PUBH 353	3
WFS 1701	3	CHPR 170	3
CHE 1200 & CHEM 1200L	4	CHEM 115 & CHEM 115L	4
WFS 1770	3	SEP 371	3
Elective	1	Elective	1
TOTAL	14		14

West Virginia University

Year Three, 1 st Semester		Year Three, 2 nd Semester	
ACE 149	3	CAHS 300	3
ACE 256	3	ACE 307	3
PET 175	2	ACE 327	3
PET 244	2	HN&F 200 ^(AoE)	3
PET 215 ^(Fall only)	3	General Elective	3
General Elective	2		
TOTAL	15	TOTAL	15
Year Four, 1 st Semester		Year Four, 2 nd Semester	
ACE 310	3	ACE 473 ^(AoE)	3
ACE 430	3	ACE 487 ^(AoE)	3
ACE 469	3	ACE 410	3
ACE 457 ^(AoE)	3	PET 477 ^(Spring only)	3
General Elective	3		
TOTAL	15	TOTAL	12
Year Four, Summer			
ACE 475 ^(Internship/ AoE)			3

Students must maintain a 2.0 GPA to graduate.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and College of Southern Maryland, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda

Valerie Wayda

Jan 14, 2025

Print Name

Signature

Date

Valerie Wayda - Ed.D. Associate Dean for Student Success for WVU's College of Applied Human Sciences