

Virginia's Community Colleges & West Virginia University

Associate of Arts in Psychology leading to

Bachelor of Science in Sport, Exercise, and Performance Psychology B.S.

Suggested Plan of Study



Virginia's Community Colleges	Hours	WVU Equivalents	Hours
Year One, 1 st Semester			
SDV 100 or SDV 101	1-2	WVUE 191	1-2
ENG 111	3	ENGL 101 (Required)	3
SOC 200 (General Education)	3	SOC 101 (Required)	3
PSY 200 (UCGS Social & Behavioral Science)	3	PSYC 101 (Required)	3
MTH 161 or MTH 155 or MTH 245 (Math Course; Pick One)	3	MATH 126 or STAT 211 or STAT 211 (Pick One)	3
TOTAL	13-14		13-14
Year One, 2 nd Semester			
ENG 112	3	ENGL 102 (Required)	3
PSYC 216 (Major Requirement)	3	PSYC 251 (Required)	3
BIO 101 (UCGS Natural Science Course)	4	BIOL 115 & BIOL 115L	4
Any UCGS Art, Humanities, Literature	3	Elective	3
Transfer Elective	3	Elective	3
TOTAL	16		16
Year Two, 1 st Semester			
PSY 215 (Major Requirement)	3	PSYC 281 (Required)	3
General Education	3	Elective	3
Any UCGS History Course	3	Elective	3
Transfer Elective	3	Elective	3
Transfer Elective	3	Elective	3
TOTAL	15		15
Year Two, 2 nd Semester			
PSYC 230 (Major Requirement)	3	PSYC 241 (Required)	3
Any UCGS Art, Humanities, or Literature course (must be from different category than previous course Humanities Elective)	3	Elective	3
Transfer Elective	3	Elective	3
Transfer Elective	3	Elective	3
Transfer Elective	3	Elective	3
TOTAL	15		15

West Virginia University			
Year Three, 1 st Semester		Year Three, 2 nd Semester	
ACE 149	3	ACE 307	3
CAHS 300*	3	SEP 371*	3
SEP 272*	3	SEP 415*	3
SEP 283*	3	General Elective or Professional Minor Course ⁽²⁾	3
General Elective or Professional Minor Course ⁽¹⁾	3	General Elective or Professional Minor Course ⁽³⁾	3
TOTAL	15	TOTAL	15
Year Four, 1 st Semester		Year Four, 2 nd Semester	
ACE 327	3	CAHS 489*	3
SEP 385*	3	COUN 303	3
SEP 420*	3	SEP 425* or HWB 359*	3
General Elective or Professional Minor Course ⁽⁴⁾	3	General Elective or Professional Minor Course ⁽⁵⁾	3
General Elective	3	General Elective	3
TOTAL	15	TOTAL	15

*A grade of C- or higher must be earned in all denoted courses.

Students must maintain a 2.0 GPA to graduate.

Students pursuing a degree in Sport, Exercise, and Performance Psychology B.S. are encouraged to work with their advisors to integrate completion of an academic minor or minors into their programs of study, to the degree allowed within elective hours. WVU offers over 100 minors that complement major fields of study, build on students' unique interests, expand perspectives, and broaden skills.

Students who have questions about admission into their intended program, GEF requirements, GEF Focus courses, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and Virginia's Community Colleges, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda

Valerie Wayda

Nov 24, 2025

Print Name

Signature

Date

Valerie Wayda - Ed.D. Associate Dean for Student Success for WVU's College of Applied Human Sciences